Did you know?

Social Workers help individuals living with a disability, and support their families and caregivers by:

- Offering individual, family and group counselling
- Promoting autonomy, decision-making and self-determination
- Supporting individuals, families and caregivers in understanding and coping with the impact of change and transitions
- Assisting individuals to navigate the health care system and community resources
- Working with individuals to obtain accessible housing, transportation and financial services including home care services, prescription drug coverage, respite care and medical equipment
- Assisting individuals to explore education and employment opportunities
- Developing and facilitating treatment approaches to maintain dignity, selfworth and inclusion
- Advocating for services and supports
- Educating the community and promoting inclusion
- Informing program development and social policy change

There are over 1500 social workers registered to practice social work in Newfoundland and Labrador. Further information about the social work profession can be found at **www.nlasw.ca** or by contacting:

Newfoundland & Labrador Association of

Social Workers

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