

# SOCIAL WORK PRACTICE IN MILITARY FAMILY RESOURCE CENTRES

**DID YOU KNOW?** Military Family Resource Centre Social Workers play a key role in working with families and members of the Canadian Armed Forces and Veterans by:

- Coordinating preventative, educational and support programs and services for military family members and community
- Employing short-term intervention, crisis & mental health support, and assessment & referral services for members of the Canadian Armed Forces (CAF), Veterans and their families
- Collaborating with specialized services such as Veterans Affairs Canada, Operational Stress Injury and Social Support and the Royal Canadian Legion to provide supports and comprehensive treatment services to CAF members suffering from an Operational Stress Injury (PTSD, Depression, Anxiety)
- Supporting families of the CAF personnel coping with an illness, injury or special needs with all phases of the member's recovery, rehabilitation and reintegration
- Delivering preventive and rehabilitative programs for CAF families in the areas of operational deployments, pre- and post-deployment stress, mental health and family violence
- Offering, in partnership with Veterans Affairs Canada (VAC), information and referral services and transition-focused programming to medically releasing Canadian Armed Forces members and their families up to two years post release
- Developing positive coping strategies utilizing a strengths-based approach
- Supporting families by facilitating short-term emergency child care requirements

There are over 1500 social workers registered to practice social work in Newfoundland and Labrador. Further information about the social work profession can be found at [www.nlasw.ca](http://www.nlasw.ca) or by contacting:

Newfoundland & Labrador Association of

**Social Workers**

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