

SOCIAL WORK PRACTICE IN RECREATION

DID YOU KNOW? Social workers are employed in the field of recreation:

- Educating individuals and communities about the physical and mental health benefits of recreation
- Supporting individuals to overcome barriers to recreation (such as transportation, enrollment/participation fees and purchasing of relevant equipment)
- Advocating for funding for community recreation services and programs
- Linking clients with recreation opportunities within their community
- Promoting anti-bullying environments
- Advocating for recreation services and/or adaptations to assist persons with disabilities or mental health issues
- Working with schools to promote physical health
- Ensuring that programs are age appropriate and meet the developmental and social needs of participants
- Working with children/youth and their families to address behavioral concerns
- Providing support for participants, families, staff and volunteers
- Working with communities to identify recreation programs/services to meet their needs

There are over 1500 social workers registered to practice social work in Newfoundland and Labrador. Further information about the social work profession can be found at www.nlasw.ca or by contacting:

Newfoundland & Labrador Association of

Social Workers

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